

“Jesus in the Garden of Olives”...

FROM THE GOSPEL ACCORDING TO - LUKE -:

“When [Jesus] rose from prayer and returned to his disciples, he found them sleeping from grief. He said to them, ‘Why are you sleeping? Get up and pray that you may not undergo the test.’” (Luke 22:45-46)¹

MEDITATION ON THE MYSTERY:

It is written, *“Who is my mother? Who are my brothers?...Whoever does the will of my heavenly Father is my brother, and sister, and mother” (Matt 12:48, 50). (cf. SLC, p. 130c)*

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to the true parents of Christ, Pope Francis says, *“The Gospel that we heard reveals the fundamental way Mary expressed her love for Jesus: by doing the will of God. ‘For whoever does the will of my Father in heaven is my brother, and sister, and mother’ (Mt 12:50). With these words Jesus leaves us an important message: the will of God is the supreme law which establishes true belonging to him.”*

(FRANCIS, *Address to the Camaldolese Benedictine Nuns*, 21 November 2013)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

1 Our Father ...

5 Hail Mary ...

1 Glory be to the Father ... (Sung)

- Praised be,,,

- O my Jesus, forgive us...

- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...